



MY EPIC HEALTH & FITNESS

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____

MY EPIC INTELLECTUAL LIFE

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____

MY EPIC EMOTIONAL LIFE

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____

MY EPIC CHARACTER

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____

MY EPIC SPIRITUALITY

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____

MY EPIC LOVE RELATIONSHIP

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____

MY EPIC PARENTING

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____

MY EPIC SOCIAL LIFE

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____

MY EPIC FINANCIAL LIFE

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____

MY EPIC CAREER

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____

MY EPIC QUALITY OF LIFE

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____

MY EPIC LIFE VISION

My Goal: _____

Biggest Obstacle in the Way of My Goal: _____

Biggest Opportunity to Achieve My Goal: _____
