

MY

2022



STRATEGIC ACTION PLANNER



Name: _____

Address: _____

Phone: _____

Email: _____

Plan the **WORK**
Work the **PLAN**

"The difference between a
DREAM and a **VISION** is a
clearly define path of pursuit."

- Dr. David Jackson



TRUTH | TOOLS | RESULTS

Insert a picture
of YOUR WHY here.

Insert your
EPIC VISION BOARD here.

20 Year Vision

5 Year Picture

1 Year Plan

Q1 FOCUS:

KPI	GOAL	ACTUAL	% TO GOAL
NP	<div></div>	<div></div>	<div></div>
PV	<div></div>	<div></div>	<div></div>
\$\$\$	<div></div>	<div></div>	<div></div>
OVA	<div></div>	<div></div>	<div></div>

Q1 EPIC REWARD (DC & TEAM):

MY EPIC ENGAGEMENT

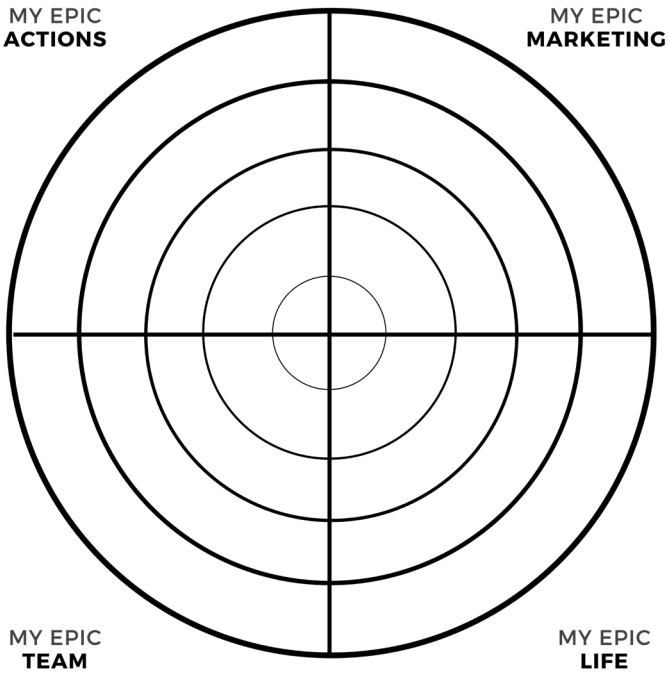
MY EPIC ACTIONS: 1 2 3 4 5

MY EPIC MARKETING: 1 2 3 4 5

MY EPIC TEAM: 1 2 3 4 5

MY EPIC LIFE: 1 2 3 4 5

TOTAL: ____ / 20 ENGAGED: ____%



Q2 FOCUS:

KPI	GOAL	ACTUAL	% TO GOAL
NP	<div></div>	<div></div>	<div></div>
PV	<div></div>	<div></div>	<div></div>
\$\$\$	<div></div>	<div></div>	<div></div>
OVA	<div></div>	<div></div>	<div></div>

Q2 EPIC REWARD (DC & TEAM):

MY EPIC ENGAGEMENT

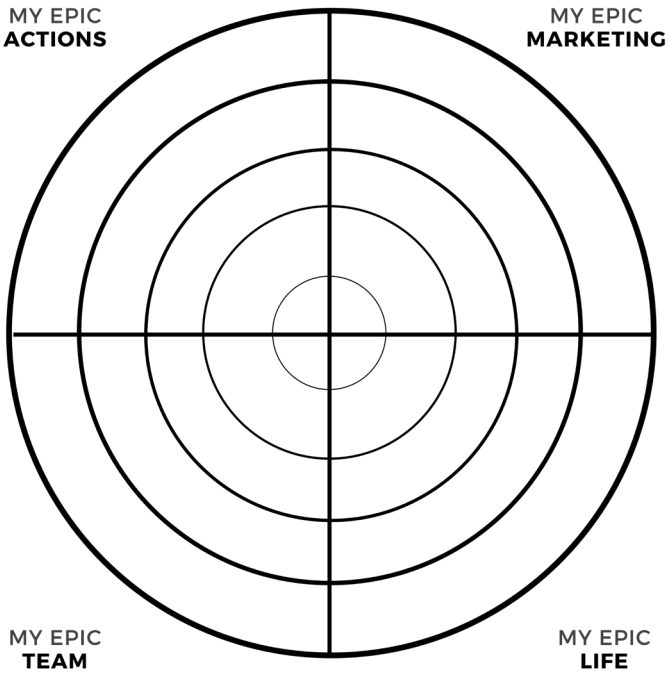
MY EPIC ACTIONS: 1 2 3 4 5

MY EPIC MARKETING: 1 2 3 4 5

MY EPIC TEAM: 1 2 3 4 5

MY EPIC LIFE: 1 2 3 4 5

TOTAL: ____ / 20 ENGAGED: ____%



Q3 FOCUS:

KPI	GOAL	ACTUAL	% TO GOAL
NP	<div></div>	<div></div>	<div></div>
PV	<div></div>	<div></div>	<div></div>
\$\$\$	<div></div>	<div></div>	<div></div>
OVA	<div></div>	<div></div>	<div></div>

Q3 EPIC REWARD (DC & TEAM):

MY EPIC ENGAGEMENT

MY EPIC ACTIONS:

1

2

3

4

5

MY EPIC MARKETING:

1

2

3

4

5

MY EPIC TEAM:

1

2

3

4

5

MY EPIC LIFE:

1

2

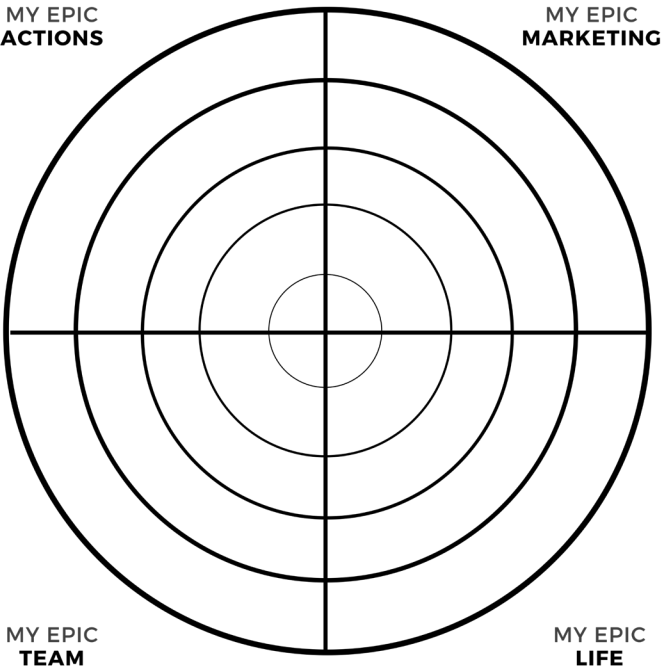
3

4

5

TOTAL: / 20

ENGAGED: %



Q4 FOCUS:

KPI	GOAL	ACTUAL	% TO GOAL
NP	<div></div>	<div></div>	<div></div>
PV	<div></div>	<div></div>	<div></div>
\$\$\$	<div></div>	<div></div>	<div></div>
OVA	<div></div>	<div></div>	<div></div>

Q4 EPIC REWARD (DC & TEAM):

MY EPIC ENGAGEMENT

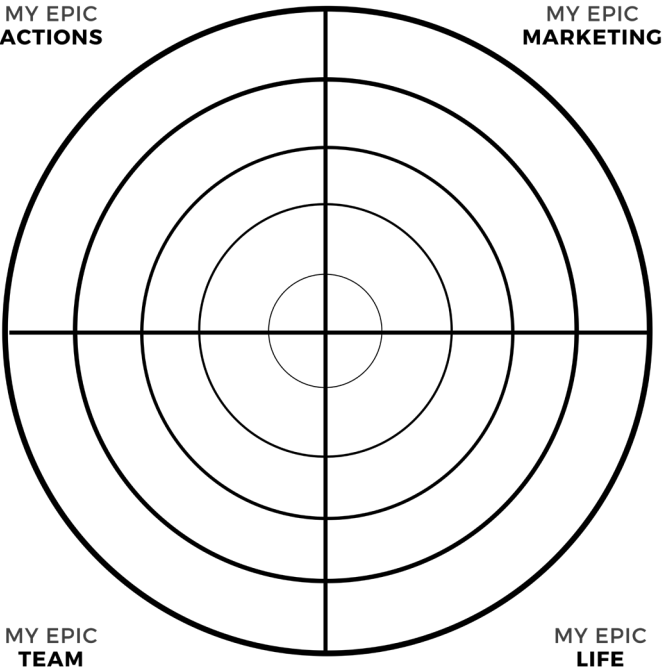
MY EPIC ACTIONS: 1 2 3 4 5

MY EPIC MARKETING: 1 2 3 4 5

MY EPIC TEAM: 1 2 3 4 5

MY EPIC LIFE: 1 2 3 4 5

TOTAL: ____ / 20 ENGAGED: ____%



1: New Years Day 17: MLK JR Day NP GOAL: ACTUAL:	January						
	S	M	T	W	T	F	S
							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30*	31					

4: Independence Day NP GOAL: ACTUAL:	July						
	S	M	T	W	T	F	S
						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
	31						

14: Valentines Day 21: Presidents Day NP GOAL: ACTUAL:	February						
	S	M	T	W	T	F	S
			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28					

NP GOAL: ACTUAL:	August						
	S	M	T	W	T	F	S
		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	31			

17: St. Patricks Day NP GOAL: ACTUAL:	March						
	S	M	T	W	T	F	S
			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31		

5: Labor Day 18: Chiro Bday NP GOAL: ACTUAL:	September						
	S	M	T	W	T	F	S
	S	M	T	W	T	F	S
					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	

17: Easter NP GOAL: ACTUAL:	April						
	S	M	T	W	T	F	S
						1	2
	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30

10: Thanksgiving (Canada) 31: Halloween NP GOAL: ACTUAL:	October						
	S	M	T	W	T	F	S
							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	27	28	29
	30	31					

8: Mother's Day 30: Memorial Day NP GOAL: ACTUAL:	May						
	S	M	T	W	T	F	S
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

11: Veterans Day 24: Thanksgiving (US) NP GOAL: ACTUAL:	November						
	S	M	T	W	T	F	S
			1	2	3	4	5
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30			


19: Father's Day NP GOAL: ACTUAL:	June						
	S	M	T	W	T	F	S
				1	2	3	4
	5	6	7	8	9	10	11
	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30		

18: Hanukkah 24-25: Christmas 31: NYE NP GOAL: ACTUAL:	December						
	S	M	T	W	T	F	S
					1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31

Week of

	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
PV:	Key Action Items	Key Action Items
CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
Travel / Distractions / Events	Key Take Aways	
Connections to Make	Key Action Items	


Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1	Attack Plan for Next Week	
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



Week of

	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
PV:	Key Action Items	Key Action Items
CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1	Attack Plan for Next Week	
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



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	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
PV:	Key Action Items	Key Action Items
CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1	Attack Plan for Next Week	
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



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	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
PV:	Key Action Items	Key Action Items
CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1	Attack Plan for Next Week	
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



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	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
PV:	Key Action Items	Key Action Items
CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1	Attack Plan for Next Week	
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
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	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
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PV:	Key Action Items	Key Action Items
CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1	Attack Plan for Next Week	
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
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	Epic Monday	Tuesday
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CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
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CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
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<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
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	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
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PV:	Key Action Items	Key Action Items
CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
Travel / Distractions / Events	Key Take Aways	
Connections to Make	Key Action Items	


Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



Week of

	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
PV:	Key Action Items	Key Action Items
CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



Week of

	Epic Monday	Tuesday
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CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



Week of

	Epic Monday	Tuesday
	MIND:	MIND:
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CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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MIND:	MIND:	MIND:	
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NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
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Week of

	Epic Monday	Tuesday
	MIND:	MIND:
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CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
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	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS

Week of

	Epic Monday	Tuesday
	MIND:	MIND:
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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
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	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS

Week of

	Epic Monday	Tuesday
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Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
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	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
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NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS

Week of

	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
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CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
Travel / Distractions / Events	Key Take Aways	
Connections to Make	Key Action Items	

Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
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Creation & Ideas			
			WINS

Week of

	Epic Monday	Tuesday
	MIND:	MIND:
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Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
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	Accelerator Call / Velocity Group	
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MIND:	MIND:	MIND:	
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
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	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
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Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
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Creation & Ideas			
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
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Creation & Ideas			
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Week of

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	MIND:	MIND:
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Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
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Creation & Ideas			
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Week of

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	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
PV:	Key Action Items	Key Action Items
CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
Travel / Distractions / Events	Key Take Aways	
Connections to Make	Key Action Items	

Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS

Week of


	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
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CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS

Week of

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	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



Week of

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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



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	Epic Monday	Tuesday
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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
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Creation & Ideas			
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	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
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Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
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Creation & Ideas			
			WINS

Week of


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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
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Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
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Creation & Ideas			
			WINS

Week of

	Epic Monday	Tuesday
	MIND:	MIND:
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Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
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	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
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Creation & Ideas			
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	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
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Creation & Ideas			
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
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Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
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Creation & Ideas			
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
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Creation & Ideas			
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
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Creation & Ideas			
			WINS



Week of

	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
PV:	Key Action Items	Key Action Items
CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
Travel / Distractions / Events	Key Take Aways	
Connections to Make	Key Action Items	


Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



Week of

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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
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Creation & Ideas			
			WINS



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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
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	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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	<input type="checkbox"/> 4	<input type="checkbox"/> 4
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
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Creation & Ideas			
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	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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	<input type="checkbox"/> 4	<input type="checkbox"/> 4
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
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Creation & Ideas			
			WINS



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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
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Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
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Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
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Creation & Ideas			
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
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Creation & Ideas			
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<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
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Creation & Ideas			
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	<input type="checkbox"/> 4	<input type="checkbox"/> 4
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
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Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
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Creation & Ideas			
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
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<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
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Creation & Ideas			
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<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
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<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



Week of

	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
PV:	Key Action Items	Key Action Items
CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
Travel / Distractions / Events	Key Take Aways	
Connections to Make	Key Action Items	


Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



Week of

	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
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CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude	Weekend Action Items		
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



Week of

	Epic Monday	Tuesday
	MIND:	MIND:
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CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
COLL:	<input type="checkbox"/> 2	<input type="checkbox"/> 2
RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



Week of

	Epic Monday	Tuesday
	MIND:	MIND:
MY WEEKLY GOALS	BODY:	BODY:
NP:	NOURISH:	NOURISH:
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CONV:	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



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	MIND:	MIND:
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Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
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	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
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Creation & Ideas			
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	<input type="checkbox"/> 1	<input type="checkbox"/> 1
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NOURISH:	NOURISH:	NOURISH:	NP:
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude	Weekend Action Items		
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS



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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
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Creation & Ideas			
			WINS

Week of

	Epic Monday	Tuesday
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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
	<input type="checkbox"/> 3	<input type="checkbox"/> 3
	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
	Accelerator Call / Velocity Group	
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Connections to Make	Key Action Items	

Wednesday	Thursday	Friday	
MIND:	MIND:	MIND:	
BODY:	BODY:	BODY:	WEEKLY REVIEW
NOURISH:	NOURISH:	NOURISH:	NP:
Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude	Weekend Action Items		
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
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Creation & Ideas			
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	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
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<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS

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RETENTION:	<input type="checkbox"/> 3	<input type="checkbox"/> 3
Major Action Items	Additional Tasks	Additional Tasks
	<input type="checkbox"/> 1	<input type="checkbox"/> 1
	<input type="checkbox"/> 2	<input type="checkbox"/> 2
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	<input type="checkbox"/> 4	<input type="checkbox"/> 4
	<input type="checkbox"/> 5	<input type="checkbox"/> 5
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Key Action Items	Key Action Items	Key Action Items	PV:
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	CONV:
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	COLL:
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	RETENTION:
Additional Tasks	Additional Tasks	Additional Tasks	Notes from This Week
<input type="checkbox"/> 1	<input type="checkbox"/> 1	<input type="checkbox"/> 1	
<input type="checkbox"/> 2	<input type="checkbox"/> 2	<input type="checkbox"/> 2	
<input type="checkbox"/> 3	<input type="checkbox"/> 3	<input type="checkbox"/> 3	
<input type="checkbox"/> 4	<input type="checkbox"/> 4	<input type="checkbox"/> 4	
<input type="checkbox"/> 5	<input type="checkbox"/> 5	<input type="checkbox"/> 5	
Gratitude		Weekend Action Items	
<input type="checkbox"/> 1	<input type="checkbox"/> 1		Attack Plan for Next Week
<input type="checkbox"/> 2	<input type="checkbox"/> 2		
<input type="checkbox"/> 3	<input type="checkbox"/> 3		
<input type="checkbox"/> 4	<input type="checkbox"/> 4		
Creation & Ideas			
			WINS





































































Epic Q1 Training

Training Focus:

My Challenges

My Opportunities

My Key Take Aways

My Key Action Steps

My Accountability













Epic Q2 Training

Training Focus:

My Challenges

My Opportunities

My Key Take Aways

My Key Action Steps

My Accountability

















Epic Q3 Training

Training Focus:

My Challenges

My Opportunities

My Key Take Aways

My Key Action Steps

My Accountability













